

## **Academic year: 2024-25**

### **Medical Camp to Compile the Student's Health Profile-2024**

Date :20 March,2025

Implementing Agency : NSS Unit Deva Matha College Kuravilangad

Name of the coordinator/coordinators : Mr. Reneesh Thomas

Number of participants: 386

The Health Profile Compilation Programme was successfully organized by NSS Unit of Deva Matha College, Kuravilangad on March 20, 2025, from 10:00 AM to 3:00 PM at the college's Multimedia Hall. The event was specifically designed for first and second-year undergraduate students and was inaugurated by Dr. Sunil C. Mathew, Principal of Deva Matha College, Kuravilangad. Mr. Reneesh Thomas, the NSS Programme Officer, delivered the introductory remarks, while Mr. Shibumon K.V., Health Inspector, presented the keynote address.

The programme was conceived with the primary objective of creating awareness among students about the importance of maintaining personal health records. This initiative aimed to help students monitor their health status effectively, encourage early detection of potential health issues, and promote the adoption of healthy lifestyle practices. The organizers emphasized that maintaining health profiles is crucial for enabling continuous monitoring of individual health status, facilitating early detection of potential health problems, and encouraging proactive healthcare management among young adults.

The comprehensive programme conducted under the supervision specialist doctors included four major components designed to address different aspects of student health and wellness. The health check-up and assessment component provided basic health screening services including Body Mass Index calculations, blood pressure monitoring, and general fitness evaluation to create baseline health profiles for all participants. Students received guidance on maintaining health records, where they learned effective methods for tracking health parameters, were introduced to modern health monitoring applications, and discovered best practices for maintaining accurate health records.



## **Awareness Programmes /Rallies/Campaigns Organized**

### **1) Aids Awareness Campaign**

#### **AIDS Awareness Seminar- Let's Talk AIDS: Educate, Empathize, Erase Stigma**

Academic year : 2024-25

Date : 01 November,2024

Implemented by: NSS Unit Deva Matha College.

Name of the coordinator : Mr. Reneesh Thomas

Number of participants 628

The NSS Unit of Deva Matha College, Kuravilangad, successfully organized an HIV/AIDS Awareness Programme on 1st November 2024. The event aimed to educate students about HIV/AIDS, dispel myths, and promote safe and responsible behaviour among youth. The event was attended by the entire student body and faculty members of the college, ensuring a wide reach and impact. A magic show for awareness was performed by the renowned magician Rajiv Memunda. Through engaging and interactive tricks, he effectively conveyed important messages about HIV/AIDS prevention, stigma reduction, and the significance of early detection and treatment.



# Health Awareness Campaigns

## Health Survey in Kuravilangad Gramapanchayath

Academic year : 2024-25

Date : 25 March,2025

Implemented by : NSS & District Medical Office Kottayam.

Name of the coordinator : Mr Reneesh Thomas

Number of participants (Teachers and students separately): 420

A TB Day awareness campaign was held on March 25, 2025, during the 2023-24 academic year. Implemented by the NSS and District Medical Office, Kottayam, the event was coordinated by Mr. Reneesh Thomas. With 420 participants, including both teachers and students, the campaign successfully raised awareness about tuberculosis prevention, symptoms, and treatment.



## **Environmental Awareness Campaign**

### **1) Sensitizing School and College Students -Environmental Day**

Academic year : 2024-25

Date : 06 September 2024

Implementing Agency : NSS DMC

Name of the coordinator : Reneesh Thomas

Number of participants : 825.

The Agricultural-Environment Awareness Entertainment Show was successfully conducted on September 6, 2024, as part of the NSS DMC initiatives for the academic year 2024-25. The event witnessed remarkable participation with 825 attendees, demonstrating strong community engagement in agricultural and environmental awareness programs. The objective was to create awareness about sustainable agricultural practices and environmental conservation through an engaging entertainment format that combines education with entertainment to maximize audience engagement and knowledge retention.



### **2) Seminar on Hi-Tech Farming**

Academic year : 2024-25

Date : 05December 2024

Implementing Agency : NSS DMC

Name of the coordinator : Reneesh Thomas

Number of participants : 100.

The Seminar on Hi-Tech Farming was successfully conducted on December 5, 2024, as part of the NSS DMC's educational initiatives for the academic year 2024-25. The seminar attracted 100 participants, focusing on modern agricultural technologies and their practical applications in contemporary farming practices.



### 3)Invited Talk on Rain -Campaign

Academic year : 2024-25

Date :19 March 2024

Implementing Agency : NSS DMC

Name of the coordinator : Reneesh Thomas

Number of participants : 245

The collaboration between Deva Matha College Kuravilangad's National Service Scheme and the Kerala Forest Department represents a strategic alliance between educational institutions and government agencies for environmental awareness and forest conservation.

The invited talk on "Mazhayaniv" by Section Forest Officer Jithendranath U M represents a valuable educational initiative that bridges academic learning with practical environmental knowledge. The collaboration between Deva Matha College

Kuravilangad's NSS program and the Kerala Forest Department demonstrates institutional commitment to environmental education and community service.



  
**NATIONAL SERVICE SCHEME**  
**DEVA MATHA COLLEGE KURAVILANGAD**  
As Accredited by NAAC with 'A' Grade (2023-24)  
in association with  
**KERALA FOREST DEPARTMENT**  
organizes

# INVITED TALK

Talk Highlights  
**മഴയിനം**  
19 MARCH 2024, 2 PM  
@ **Multimedia Hall**

**Speaker**



**Jithendranath U M**  
Section Forest Officer  
Beechal Forestry Range  
Kottayam

## **Anti-Narcotic Campaign**

### **1) Anti Narcotic Awareness Rally**

Academic year : 2024-25

Date : 13-19 September 2024

Implementing Agency: NSS Unit Deva Matha College

Name of the coordinator : Reneesh Thomas

Number of participants: 100

The NSS Unit of Deva Matha College organized an extensive cleaning drive at Government Higher Secondary School Kadapoor from September 13-19, 2024, during the 2024-25 academic year. Under the expert coordination of Reneesh Thomas, 100 dedicated volunteers participated in this week-long community service initiative.

The comprehensive campaign focused on transforming the school environment through systematic cleaning of classrooms, corridors, administrative blocks, laboratories, and outdoor spaces. Participants actively engaged in removing debris, organizing study materials, sanitizing facilities, and maintaining the school compound. The drive also included minor repair work and landscaping activities to enhance the aesthetic appeal.

This sustained effort significantly improved the learning environment for students while fostering civic responsibility and community engagement among NSS volunteers, reinforcing their commitment to educational development.

## **Swachhata Hi Seva 2024**

Academic year : 2024-25

Date : 30 October 2024

Implementing Agency: NSS Unit Deva Matha College

Name of the coordinator : Reneesh Thomas

Number of participants: 100

The NSS Unit of Deva Matha College Kuravilangad successfully conducted a comprehensive cleaning drive under "Swachhata Hi Seva 2024" on October 30, 2024. The event was inaugurated by Panchayat President Smt. Mini Mathai at 2:15 PM, who praised the youth's commitment to environmental cleanliness and community service.

A remarkable 220 NSS volunteers participated enthusiastically in this large-scale initiative, demonstrating exceptional dedication to public welfare. The cleaning drive covered both sides of MC Road from Church Junction to Private Bus Stand, targeting one of the busiest public areas in Kuravilangad.



## Cleaning Drive - Kuravilangad Panchayath Bus Stand

Academic year : 2024-25

Date : 02 October 2023

Implementing Agency: NSS Unit Deva Matha College

Name of the coordinator : Reneesh Thomas

Number of participants: 100

The NSS Unit of Deva Matha College conducted a focused cleaning drive at Kuravilangad Panchayath Bus Stand on October 2, 2023, during the 2024-25 academic year. Coordinated by Reneesh Thomas, this community service initiative mobilized 100 dedicated NSS volunteers who demonstrated remarkable commitment to public hygiene and cleanliness.

The comprehensive cleaning campaign targeted this crucial public transportation hub, addressing issues of litter accumulation, debris removal, and general maintenance. Volunteers systematically cleaned waiting areas, platforms, surroundings, and approach roads to enhance the facility's overall appearance and hygiene standards.

This initiative significantly improved the travel experience for daily commuters while instilling civic responsibility among participants. The drive exemplified the NSS spirit of community service and contributed to creating a cleaner, more pleasant public space for all users.



## **Swachhata Hi Seva 2024@ College Campus**

Academic year : 2024-25

Date : 02 October 2023

Implementing Agency: NSS Unit Deva Matha College

Name of the coordinator : Reneesh Thomas

Number of participants: 100

On October 2, 2024, the NSS Unit of Deva Matha College organized a comprehensive maintenance and cleaning drive in the campus as part of Swachhata Hi Seva 2024. The 4.5-hour initiative, conducted from 8:30 AM to 1:00 PM, engaged 100 dedicated NSS volunteers in meaningful environmental activities.

Volunteers systematically performed weeding, pruning, soil tilling, waste collection, plant watering, and health assessment of fruit trees. The drive significantly improved garden organization and cleanliness while providing practical gardening knowledge to participants. Collected organic waste will be utilized as compost, promoting sustainable waste management.

This successful initiative fostered environmental consciousness, created ownership among students, and reinforced the college's commitment to ecological sustainability and the Swachh Bharat mission.



## Maliniya Muktha Navakeralam Clean Drive

Academic year : 2024-25

Date : 03 June 2023

Implementing Agency: NSS Unit Deva Matha College

Name of the coordinator : Reneesh Thomas

Number of participants: 724

The National Service Scheme (NSS) Deva Matha College Kuravilangad actively participated in a cleaning drive organized in connection with the "Maliniya Muktha Navakeralam" initiative of the Government of Kerala. The event took place on June 3, 2023, and aimed to promote cleanliness and hygiene across various locations in our community. The primary objective of the cleaning drive was to contribute to the state-wide initiative of "Maliniya Muktha Navakeralam," which translates to "Kerala Free from Dirt." The NSS unit aimed to create awareness about the importance of cleanliness, sanitation, and waste management among the public.





## **DEVA MATHA NSS SNEHA VEEDU PROJECT**

Project Title: Sneha Veedu (Home for the Homeless)

Institution: Deva Matha College, Kuravilangad

NSS Unit Number: 12

Project Year: 2023-24 & 2024-2025

The Sneha Veedu project stands as a testament to the transformative power of student volunteerism and community service. Under the leadership of Dev Matha College NSS Unit No. 12, this ambitious housing initiative successfully constructed and handed over 9 complete residential units to homeless beneficiaries in the Kuravilangad region. The project represents a remarkable collaboration between institutional commitment, philanthropic support, and dedicated volunteer service.

### **PROJECT DETAILS**

#### **Scope and Scale**

Total Houses Constructed: 9 residential units

Funding Partnership: 6 houses supported by K. Chittilapally Foundation;

Student Beneficiaries: 5 houses allocated to deserving students of the college

Total Project Value: Approximately ₹63 lakhs (estimated at ₹7 lakhs per unit average)

#### **House Features**

2–3-bedroom configuration suitable for families

Quality construction with proper ventilation and lighting

Complete electrical and plumbing infrastructure

Modern design with practical functionality

### **NSS VOLUNTEER ENGAGEMENT**

#### **Volunteer Participation**

The project engaged NSS volunteers across multiple phases:

Site Visits: Regular monitoring of construction progress

Community Outreach: Identifying and verifying beneficiaries

Documentation: Maintaining project records and photographic evidence

Ceremonial Activities: Organizing handover events

Quality Control: Ensuring construction standards and timeline compliance

## **FINANCIAL OVERVIEW**

Note: The project demonstrates exceptional resource optimization, with each house constructed at an average cost of ₹7 lakhs, significantly below market rates for similar construction quality.

## **RECOGNITION AND AWARDS**

The Sneha Veedu project has garnered appreciation from:

M.G. University NSS Cell for innovative community service

Local government authorities for addressing housing challenges

Regional media coverage highlighting student volunteerism

Community leaders acknowledging transformative impact

State-level NSS recognition for outstanding project implementation

## **ACKNOWLEDGMENTS**

We extend our heartfelt gratitude to:

K. Chittilapilly Foundation for their generous support

Dev Matha College Management for institutional backing

Local community leaders for their cooperation

Construction workers and contractors for quality work

All NSS volunteers for their dedication and service

Beneficiary families for their trust and cooperation

# Snehavedu 1

## Devamatha College, Kuravilangad

Unit No. : 12



**Beneficiary Name : Thomas K P**

**Place : Kozha**

**Total Cost : Rs. 8 Lakhs**

**Year : 2023**



കുറവിലങ്ങാട് ദേവമാതാ കോളജ് എൻഎസ്എസ് യൂണിറ്റിന്റെ സഹകരണത്തോടെ നിർമ്മിച്ച വീടിന്റെ വെഞ്ചരിപ്പ് നിർവഹിച്ച ശേഷം ബിഷപ്പ് ജോസഫ് കല്ലറങ്ങാട്ട് പഞ്ചായത്ത് പ്രസിഡന്റ് മിനി മത്തായി, വൈസ് പ്രിൻസിപ്പൽ ഫാ. ഡിനോയി മാത്യു കവളച്ചാക്കൽ, പ്രിൻസിപ്പൽ ഡോ.സുനിൽ.സി മാത്യു, മാനേജർ ആർച്ചിപ്രീസ്റ്റ് ഫാ.ഡോ അഗസ്റ്റിൻ കൂട്ടിയായിൽ തുടങ്ങിയവർക്കൊപ്പം.

### സ്വപ്ന വീട് പൂർത്തിയാക്കി ദേവമാതാ കോളജ്

കുറവിലങ്ങാട് • സഹപാഠിക്കു സഹകരിക്കാൻ സഹായം നൽകി ദേവമാതാ കോളജ് എൻഎസ്എസ് യൂണിറ്റ്. മൂന്നാം വർഷ ബിരുദ വിദ്യാർത്ഥിയുടെ വീടാണ് സഹപാഠികളുടെ സഹായത്തോടെ പൂർത്തിയായത്. ലൈഫ് മിഷൻ പദ്ധതിയുടെ ഭാഗമായി ലഭിച്ച തുകയുടെ ഒപ്പം കോളജിലെ വിദ്യാർത്ഥികളും അധ്യാപകരും അനധ്യാപകരും ചേർന്നു പിന്തുണ നൽകിയപ്പോൾ സഹപാഠികൾ വീട് പൂർത്തിയായി. പ്രിൻസിപ്പൽ ഡോ.സുനിൽ

സി മാത്യു, വൈസ് പ്രിൻസിപ്പൽ ഫാ. ഡിനോയി മാത്യു കവളച്ചാക്കൽ, എൻഎസ്എസ് പ്രോഗ്രാം ഓഫീസർമാരായ ഡോ. ആൻസി സെബാസ്റ്റ്യൻ, റെനീഷ് തോമസ് എന്നിവരുടെ നേതൃത്വത്തിലാണ് വീട് പൂർത്തിയാക്കിയത്. വെഞ്ചരിപ്പ് കർമ്മം ബിഷപ്പ് ജോസഫ് കല്ലറങ്ങാട്ട് നിർവഹിച്ചു. മാനേജർ ആർച്ചിപ്രീസ്റ്റ് ഫാ. ഡോ.അഗസ്റ്റിൻ കൂട്ടിയായിൽ, പഞ്ചായത്ത് പ്രസിഡന്റ് മിനി മത്തായി തുടങ്ങിയവർ പങ്കെടുത്തു.

## **Snehaveedu 2**

**Name of the Beneficiary- Thomas Mathai**

**Place - Marangattupily**

**Total Cost - 8 Lakh**

**Year -2024**



**Snehavedu-3**

**Name of the Beneficiary- LissyPoovathinkal**

**Place - Kuravilangadu**

**Total Cost - 8 Lakh**

**Year of Completion-2024**



**Snehaveedu -4**

**Name of the Beneficiary- Udayan T U**

**Place - Pizhak**

**Total Cost - 6 Lakh**

**Year of Completion-2024**



**Snehaveedu -5**

**Name of the Beneficiary- Johnson Antony**

**Place - Kanjirathanam**

**Total Cost - 8 Lakh**

**Year of Completion-2024**



**Snehaveedu -6**

**Name of the Beneficiary- Padmashi Raghavan**

**Place - Kanjirathanam**

**Total Cost - 8 Lakh**

**Year of Completion-2024**



## **Snehavedu -7**

**Name of the Beneficiary- Levalamma**

**Place - Pallipuram**

**Total Cost - 8 Lakh**

**Year of Completion-2025**



Snehaveedu -8

Name of the Beneficiary- AthiraT P

Place - Udayanapuram

Total Cost - 8 Lakh

Year of Completion-2025



### Creation of Non-Durable Assets

Institution: Deva Matha College, Kuravilangad  
NSS Unit Number: 12

Project Year: 2022-23, 2023-2024&2024-25

Total Asset Created- Rs 18000

#### 1 Introduction

The National Service Scheme (NSS) Unit of Deva Matha College, Kuravilangad, has undertaken a range of initiatives aimed at promoting self-reliance, sustainability,

## മലയാള മനോരമ എട്ട് സ്നേഹവിടുകൾ ഒരുക്കി ദേവമാതാ കോളജ് എൻഎസ്എസ് യൂണിറ്റ്

കുറവിലങ്ങാട് • രണ്ടര വർഷത്തിനുള്ളിൽ ദേവമാതാ കോളജ് എൻഎസ്എസ് യൂണിറ്റ് ചിറ്റിലുളളി ഹൗസേഷന്റെ സഹായത്തോടെ വിദ്യാർത്ഥികൾക്ക് ഉപയോഗപ്പെടുത്താനായി നിർമ്മിച്ച 8 സ്നേഹവിടുകൾ. സ്നേഹത്തിന്റെ അമൂല്യ മാതൃക തയ്യാറാക്കാനാണ് ദേവമാതാ യിലെ ബുക്യൂട്ടം അധ്യാപകരുടെ വിദ്യാർത്ഥികളുടെ ദേവമാതാ കോളജ് എൻഎസ്എസ് യൂണിറ്റ്, ചിറ്റിലുളളി ഹൗസേഷന്റെ സഹായത്തോടെ 2023 ഒക്ടോബറിൽ സ്നേഹവിട് പദ്ധതി ആരംഭിച്ചത്. ആറ് വിദ്യാർത്ഥികൾ ചിറ്റിലുളളി ഹൗസേഷൻ സഹായത്തോടെയും രണ്ടു വിദ്യാർത്ഥികൾ കോളജ് സന്ദർശനത്തിലൂടെയാണ് പൂർത്തിയാക്കിയത്. കുറവിലങ്ങാട്,പിറപ്പട, മരങ്ങാട്ടുപിള്ള, മാങ്ങാശ്ശേരി പഞ്ചായത്തുകളിലാണ് നിർമ്മാണം. കോളജിന്റെ നേതൃത്വത്തിൽ ധനസമാഹരണം നടത്തി നിർമ്മാണം നടത്തുന്ന രണ്ടു വിദ്യാർത്ഥികൾ കൂടി ഉടൻ സമർപ്പിക്കും. ഇതോടെ 10 കുടുംബങ്ങൾ



കുറവിലങ്ങാട് ദേവമാതാ കോളജ് എൻഎസ്എസ് യൂണിറ്റ് നിർമ്മിച്ച സ്നേഹവിടുകളിൽ ഒരെണ്ണം. ഒരു ദേവമാതാ ആശ്രമമായി മാറുകമാനേക്കൽ ആർച്ച് പ്രിന്റ്റ് ഫാ. ഡോ.തോമസ് മോനോളൂരി, പ്രിൻസിപ്പൽ ഡോ. സുനിൽ സി, മാത്യു, വൈസ് പ്രിൻസിപ്പൽ ഫാ. ഡിനോയി കവളപ്പാലം, ബർസാർ ഫാ. ജോസഫ് മണിയൻചിറ, എൻഎസ്എസ് പ്രോഗ്രാം ഓഫീസർമാരായ മേനോൻ, വിദ്യാ ജോൺ, ഡോ. മിനി സുബാസ്വരൂപൻ, സിസ്റ്റർ ഫാർസി ഫോൾ, വെള്ളൂരിയർ സൗഭദ്രിമാരായ വിവേക്, വി. നാദർ, ബേസിൽ ബേബി, ആർഷ സിബി, അഞ്ജു കൃഷ്ണ എന്നിവരുടെ നേതൃത്വത്തിലാണ് ഭവന പദ്ധതി പൂർത്തിയാക്കിയത്.

and community involvement among students. As part of our ongoing efforts, the unit has engaged in the creation of several non-durable assets. These activities not only fostered creativity and teamwork among volunteers but also aligned with our commitment to environmental awareness, skill development, and local entrepreneurship.

## 2. Summary of Non-Durable Assets Created

5 Craft Preparation of crafts and bottle arts Use of recycled product

## 3. Objectives Achieved

**Environmental Sustainability:** Encouraged the use of eco-friendly and biodegradable materials like cloth and jute.

**Skill Development:** Volunteers learned valuable skills such as gardening, tailoring, craft-making, and culinary skills.

**Social Awareness:** Raised awareness among peers and community about reducing plastic use and supporting local produce.

**Entrepreneurial Spirit:** Participation in the food fest provided hands-on experience in organizing, marketing, and sales.

## 4. Volunteer Participation

More than 85 NSS volunteers actively participated in the production of these assets. Tasks were allocated based on interest and skillsets, ensuring maximum engagement and learning.

## 5. Impact and Feedback

The cloth bags and jute files were well-received by faculty and students, with many expressing interests in future workshops.

The vegetable produce was shared within the campus or donated, reinforcing the spirit of sharing and healthy living.

The food fest saw enthusiastic participation from both students and faculty, with the food items receiving positive feedback for taste and hygiene.



## **Webinar on POCSO ACT 2012**

Academic year : 2024-25

Date : 06 January,2023

Organized by : NSS Unit Deva Matha College.

Name of the coordinator : Mr Reneesh Thomas

Number of participants (Teachers and students separately): 143

An awareness campaign on the POCSO Act 2012 was organized by the NSS Unit of Deva Matha College on 6th January 2023 as part of the activities for the academic year 2024–25. Coordinated by Mr. Reneesh Thomas, the campaign aimed to educate participants about the legal protections offered to children under the Act and the importance of reporting abuse. A total of 143 participants, including both teachers and students, actively took part. The event successfully enhanced awareness on child safety, legal responsibilities, and the role of the community in preventing child abuse.



## Gender Sensitisation Programmes

1 – Seminar on Women in Politics

Academic year : 2024-25

Date : 17 September, 2024

Organized by : NSS Unit Deva Matha College.

Name of the coordinator : Mr. Reneesh Thomas

Number of participants: 100

The NSS Unit of Deva Matha College organized an insightful talk on "Gendered Spheres of Life" on September 17, 2024, as part of the ongoing 2024-25 academic year activities. The session focused on examining how gender influences various aspects of life, exploring the different spheres where gender roles, expectations, and experiences manifest in society. Dr. Mini Sebastian, Associate Professor from the Department of Malayalam at Deva Matha College, served as the resource person for this enlightening session. Her academic expertise and scholarly perspective provided valuable insights into the complex dynamics of gendered experiences across different spheres of life.



# Persons with Disability Support Initiatives

## 1 – Exhibition of Craft Items by Divyanjan Students

Academic year : 2024-25

Date : 08 September, 2023

Organized by : NSS Unit Deva Matha College.

Name of the coordinator : Mr. Reneesh Thomas

Number of participants:16

The NSS Unit of Deva Matha College, Kuravilangad, successfully organized an inspiring exhibition showcasing craft items created by the Divyanjan (differently-abled) students of the college. This event served as a platform to celebrate the artistic talents, creativity, and skills of students with diverse abilities, highlighting their remarkable craftsmanship and dedication. The exhibition featured a diverse collection of handcrafted items created by the Divyanjan students, demonstrating their exceptional artistic abilities and creative expression. The displayed craft works reflected the students' talent, perseverance, and unique perspectives, inspiring visitors and creating awareness about the capabilities of differently-abled individuals.



## Plastic Free Initiatives

### Collection and Removal of Plastic Waste Campaign

