

## **STUDENTS COUNSELLING CELL**

### **Activity Report 2022-2023**

The counselling and guidance cell has been formed and functioning in Devamatha College in order to offer a helping hand to the students so that they can face and address various mental struggles in the best way possible. The cell has been working in a very remarkable fashion during the academic year 2022-23 and several students have been benefitted by it.

We successfully offered psychological support to our students during the 2022–2023 academic year.

1. After the lockdown, students were expected to return to the curriculum and resume their academic responsibilities, subject to careful management of matters pertaining to their lives. The staff mentors and guides handled this circumstance flawlessly.
2. Dr. Sr. Dona SCV, Clinical psychologist, St. Vincent Hospital, Kuravilangad was invited and appointed as the official psychologist this year too. She visits our campus once a month regularly and the students were fully satisfied with the sessions.
3. Roughly 30 individual sessions were carried out on this academic year among different departments, importantly as per the students' needs.

Co-Ordinator